

While I have not had comprehensive experience in an inpatient clinical setting, I have worked as a dietetic technician for over three years and fill the role frequently as a supervisor.

Throughout these times I have spent time consulting with patients, obtaining their likes and dislikes, tailoring menus while working within nutritional guidelines, assessing for dentation and dexterity concerns, working with dietitians to promote appropriate supplementation, creating bedside swallow trays, shadowing bedside swallow assessments, assisting with MBS assessments and patient feeding, assisting with tube feed product choice and volumes, working with VISION and CBORD systems, and entering diets and allergies into Meditech appropriately.

As a supervisor I have created menus for inpatient acute care and long-term care, compared nutritional values, monitored products and recipes for allergens, created nutritional analysis for combined recipes, chosen appropriate food products for populations (e.g. dysphagia), mealtime observation for both inpatient and long-term care populations, and shadowed dietitians for enteral and parenteral feed calculations and assessments.

It is with this experience that I will begin my clinical rotations with a solid base of knowledge and experience as a practicum student and have foundations in a number of competencies.