

Nova Scotia Health**Date:** April 7, 2026

To Whom It May Concern,

This letter is to confirm that Morgan McCarthy is employed with Nova Scotia Health in the position of Nutrition Food Service Supervisor, South Shore Regional Hospital.

In her position, Morgan provides front-line supervision of staff and oversees daily food service operations, including meal service and delivery, ensuring safe, efficient, and patient-centered service. As a member of the management team, she supports administrative and operational functions aligned with the Nutrition and Food Services strategic plan. Morgan fosters a positive team environment, supports staff development, and demonstrates strong knowledge of nutrition service operations, including menu planning, food production, and food safety. Her ability to coordinate workflow, manage resources, and uphold Nova Scotia Health Authority values, expected behaviors, and leadership principles reflects the competencies required of an effective supervisor.

Morgan demonstrates strong communication skills and works effectively with staff, management, clients, and interdisciplinary healthcare teams. She consistently exhibits a strong work ethic, collaborative leadership style, and strong organizational abilities, all of which contribute to her effectiveness in the Nutrition and Food Service Supervisor role.

- Morgan McCarthy, Nutrition Food Service Supervisor-SSR
Nutrition and Food Services-Western Zone
Nova Scotia Health
- DOH: Oct 18, 2015

This letter is issued at the request of the employee for verification purposes.

Should you require any further information, please feel free to contact me.

Sincerely,



Michelle McLearn, BSc HEc, RD., M.Ad.Ed.,
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