



November 21, 2025

September 10, 2025, Knowledge and Competency Assessment Tool Results

This letter is to inform you about your results on the Knowledge and Competency Assessment Tool (KCAT) held on September 10, 2025.

Your results in the assessment demonstrated **sufficient knowledge and competence (Level 1)**. This means you have demonstrated academic currency after completing an accredited undergraduate nutrition degree more than three years ago.

Next Steps

You may be eligible to apply to a Canadian accredited practical training program in Ontario. Refer to [this Accreditation page](#) for a list of Ontario programs. Please contact the programs directly for further details on how to apply.

Application Status

Your application for Knowledge and Competency Assessment Tool for academic currency is now closed. After you have completed your accredited practical training, you may pursue registration with the College. At that time, you will need to submit a new application form, pay the application fee, and meet all registration requirements that are in effect at the time of your new application.

Please note that you will not be required to resubmit your undergraduate accredited food and nutrition/dietetics degree transcript. The College will retain this transcript in your file.

If you have any questions, please contact Heena Vyas, Registration Program Analyst, at registration@collegeofdietitians.org.

Sincerely,

A handwritten signature in blue ink that reads "E. Lew". The signature is written in a cursive style with a large initial "E" and a stylized "Lew".

Elaine Lew
Director of Registration

Encl. KCAT results



**Knowledge and Competency Assessment Tool
Candidate Outcome Report**

Candidate ID

Examination Date SEPTEMBER 10, 2025

NOTE: These results are valid for three years (until SEPTEMBER 10, 2028).

The following report summarizes your performance on the Knowledge and Competency Assessment Tool (KCAT). Results achieved are in comparison to the academic Canadian standard for safe, competent, and ethical dietetic practice.

YOUR OVERALL PERFORMANCE SCORE

The KCAT is designed to assess practice competencies across seven domains using a Knowledge-based and Competency-based multiple-choice questionnaire (MCQ) and against three performance levels as described below:

LEVEL 1	LEVEL 2	LEVEL 3
Your performance on the KCAT demonstrated sufficient knowledge and competence.	Your performance on the KCAT demonstrated partial knowledge and competence.	Your performance on the KCAT did not demonstrate knowledge and competence.

Your scores on the Knowledge-based and Competency-based MCQ components are provided in the table below. The exam results are intended to help the College of Dietitians of Ontario (CDO) direct applicants to relevant registration pathways.

KCAT Exam Component	Your Score
Total Knowledge-based MCQ Score as a percent correct	
Total Competency-based MCQ Score as a percent correct	
Final Level	

Candidate ID

Examination Date SEPTEMBER 10, 2025

KNOWLEDGE AND COMPETENCY-BASED PERFORMANCE PROFILES

A performance profile across the seven domains assessed on the KCAT has been provided as an overall exam summary in the table below.

These results should be used to identify any gaps in your academic knowledge and competence.

If you are eligible to reattempt the KCAT as per CDO policy, you will be reassessed in all KCAT domains.

KCAT Domains	Knowledge- based		Competency- based	
	# of Items	Total % Correct	# of Items	Total % Correct
1. Food & Nutrition Expertise	45		-	-
2. Professionalism & Ethics	12		16	
3. Communication & Collaboration	8		16	
4. Management & Leadership	12		6	
5. Nutrition Care	10		36	
6. Population Health Promotion	3		12	
7. Food Provision	5		8	
TOTAL	95		94	

Candidate ID

Examination Date SEPTEMBER 10, 2025

COMPETENCY-BASED PROCESSES

The following table summarizes your performance on dietetic processes assessed as part of the four domains reflected in the table and within the competency-based component. The processes included Assess, Plan, Implement & Manage, Monitor & Evaluate, Professionalism & Ethics, and Communication & Collaboration.

These results should be used to further identify any gaps related to competence.

KCAT Domains	Competency-based MCQ - Processes											
	Assess		Plan		Implement & Manage		Monitor & Evaluate		Professionalism & Ethics		Communication & Collaboration	
	# of Items	Total % Correct	# of Items	Total % Correct	# of Items	Total % Correct	# of Items	Total % Correct	# of Items	Total % Correct	# of Items	Total % Correct
4. Management & Leadership	2		2		2		N/A	N/A	2		2	
5. Nutrition Care	9		9		9		9		9		9	
6. Population Health Promotion	3		3		3		3		3		3	
7. Food Provision	2		2		2		2		2		2	
Total	16		16		16		14		16		16	